

Meeting: Adult Social Care and Health Overview and Scrutiny Sub-Board

Date: 3 September 2026

Wards affected: All

Report Title: Annual Public Health Report Update

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1. Purpose of Report

- 1.1. Each year the Director of Public Health publishes an Annual Report. The 2026 Report will be on the topic of Men's Health and this report updates Members on the emerging content. An update on progress following the 2025 Report (on the topic of Healthy Ageing) will also be provided.

2. Reason for Proposal and its benefits

- 2.1 The publication of an Annual Public Health Report is a statutory function of the Director Public Health. It provides the opportunity to shine a spotlight on an important issue for our local population and make recommendations where we want to see action, either as a council, or amongst partner agencies. Recent reports have focussed on Women's Health (2024) and Healthy Ageing (2025).
- 2.2 The annual report process helps us to deliver our vision of a healthy, happy, and prosperous Torbay by supporting the delivery of strategic themes including but not limited to Community and People, and Economic Growth. The Annual Report process will take an evidence-based approach to identify the key issues, trends and opportunities that exist to support the health of men in Torbay. It will also support consideration of how the national Men's Health Strategy can be taken forward in Torbay.

3. Recommendation(s) / Proposed Decision

Members are invited to:

- 3.1 Note the emerging findings of the 2026 Annual DPH Report.
- 3.2 Note the progress on the 2025 Annual Report.

4. Appendices

4.1 None

5. Background Documents

5.1 Men's Health Strategy for England:

<https://www.gov.uk/government/publications/mens-health-strategy-for-england>

Supporting Information

6. Introduction

- 6.1 The theme of the 2026 Annual Report is Men's Health. This will bring a spotlight on topics of importance to men living in Torbay, including emerging issues. The Annual Report process also provides a timely opportunity to consider the local response to the Men's Health Strategy for England (2025). Following the update to the Committee in March on the topic and scope of the Report, this updated provides a summary of progress and emerging findings.
- 6.2 The broad structure of the report will include themes on:
- a) mental health and wellbeing;
 - b) healthy living and working conditions;
 - c) complex lives;
 - d) access, uptake and experience of health care.
- 6.3 To ensure a clear focus and ensure appropriate weight can be given to key issues, the report will focus on men aged 16 and over (but reflect the influence of/impact on childhood). Cross cutting themes will be included throughout report as appropriate. These include differential experience and outcomes across the lifecourse; neurodivergence; the role of women/family in men's health; and the role of societal norms.
- 6.4 The final recommendations contained in the Annual Report will need to have a clear focus and be aligned with the potential impact that can be achieved within our scope as a unitary Council and what we may wish to see from our partners.
- 6.5 Attached to this covering report is a slide deck with key themes of the report and will be presented at the meeting (**Appendix 1**).
- 6.6 Following publication of the 2026 Report, updates will be provided to the Portfolio Holder for Health, and an annual report to the OSC.
- 6.7 An update on progress on the 2025 Report on Healthy Ageing will also be provided at the meeting.

7. Options under consideration

7.1. Not applicable at this stage.

8. Financial Opportunities and Implications

8.1. No financial implications at this stage.

9. Legal Implications

9.1. No legal implications identified at this stage.

10. Engagement and Consultation

10.1 In addition to engagement with Council Governance structures, the report is being informed by a process of working with internal and external partners and community groups. This process started with presentation and engagement at the International Men's Day Event in November, hosted by the Economy Team, and will continue to build on the legacy of the Baton of Hope.

10.2 In line with recent versions, the report will be hosted on the Torbay Health Partnerships website. Text content will be supplemented by a series of short video content to amplify the voices of men living in Torbay in 2026 and a range of local organisations have supported this process. Furthermore, a key focus is to ensure the report is accessible as possible for any reader whatever their background.

11. Procurement Implications

11.1. No current procurement implications.

12. Protecting our naturally inspiring Bay and tackling Climate Change

12.1. No negative impacts identified at this stage.

13. Associated Risks

13.1. If publication of an Annual Public Health Report was not achieved this would mean a statutory function of the Director of Public Health had not been met for 2026.

14. Equality Impact Assessment

14.1. No proposals are made at this stage for assessment. However, the Annual Public Health Report 2026 (and opportunities for local implementation of the national Men's Health Strategy) will focus on the health of men and may identify recommendations for the Council and partner organisation to address inequitable delivery, uptake, or experience of services. The report process will also include reference to cross-cutting issues and intersectionality including for example but not limited to the experiences of men of different ages, ethnicity and sexuality. Future proposals may therefore require assessment at that time.